



*Hawley*® international  
**YOUR STEP BY STEP GUIDE TO  
MANISPA® & PEDISPA®**

*pedispa*® by hawley

*manispa*® by hawley

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**Don't leave manicures and pedicures for the spring and summer now you can enjoy them all year round. Hawley International's Manispa and Pedispa range is an experience not to be missed, with blends of lavender, chamomile, peppermint, spearmint and menthol to relax and invigorate your hands & feet.**

#### **Why should nail technicians use Manispa and Pedispa?**

With ingredients such as Peppermint, Chamomile, Aloe Vera and Lavender, the Hawley Manispa and Pedispa experience will meet all the client's needs when searching for the ultimate pamper and relaxation for tired and aching hands and feet.

#### **What are the core products?**

Included in both the Manispa and Pedispa ranges is a sumptuous soak, exfoliating scrub, soothing mask and moisturising lotion. All are easy to use, they exfoliate without being too harsh and hydrate tired skin, performing wonders on the technicians hands as they perform wonders on their clients.

#### **What is the purpose of the mask in the Manispa and Pedispa range?**

The mask leaves the hands and feet feeling revitalized and ready to except the moisture from the hydrating lotions. Containing menthol the hands and feet are left feeling calmed, cooled and healed. The masks are easily removed with a damp towel or washed off with water.

#### **How can cuticles and surrounding tissue be exfoliated?**

There are 3 products within the ranges that will help with exfoliation. Pedispa Invigorate Scrub, Manispa Revival Scrub and illumine Activate. Both scrubs contain menthol crystals which exfoliate as they dissolve. Activate can be used in both services, to smooth and remove hard toughened skin. All provide moisture and exfoliation where needed.

#### **How do I know when and how to put on the products?**

To make it easy each Manispa and Pedispa product has a number located on the front. This booklet will also provide you with information on each product and step by step instructions.

#### **Can any of the products used in the Manispa or Pedispa range be retailed to clients.**

Yes, there are several of the products in which clients can use at home to help maintain their nails. These include, Activate, Essencia oil, Remove, Now, Ice-O-Blue, Fung rid, Black Beauty, Sunshine Buffer, Miracle Shine, Pedipad'l, Soaks, Scrubs and Lotions.

#### **Is there education and supports available?**

The nail industry is one of the largest growth areas in beauty today, at Hawley, we are dedicated to providing you and your client the most up to date innovative, revolutionary knowledge and skills. We conduct product demonstrations Australia wide. Contact your local distributor or call Hawley to find out when the workshops are available in your area.

If you can not make it in to the workshops illumine educators are also available for advise via e-mail [educator@hawley.net](mailto:educator@hawley.net).





blissful

purify

revival

afterglow

## [1] BLISSFUL™

### SOAK

A soothing manicure soak and hand wash. Infused with Aloe Vera, Citric Acid and Peppermint allowing the skin to regain lost moisture simulating cell reproduction leaving the skin soft, clean and fresh.

## [2] REVIVAL™

### SCRUB

A scrub that is gentle to the touch but tough enough to exfoliate helping to remove unwanted non living tissue. Containing Menthol Crystal which gives a burst that is refreshingly cool and is a natural anti inflammatory. Aloe Vera backs up the Menthol allowing the new surface cells to re-hydrate soothe and heal.

# manispa® by hawley

## THE RANGE



## [3] PURITY™

### MASK

The hands will thank you for the feeling of this mask. Whilst hands are relaxing the lactic acid is hard at work simulating cell renewal. With a hint of coconut acids to condition the skin adding to the lasting moisture.

Chamomile has been added not only to touch the senses but it is great on sensitive skin and has anti-inflammatory and skin soothing properties. Perfect partners to Chamomile are Peppermint and Menthol which are also great as a fragrance and provides the client with a cool, clean refreshed feeling.

## [4] AFTERGLOW™

### LOTION

With a formulation of Paraffin oil, Sesame oil and Tea Tree oil that will provide anti fungal, anti viral and anti bacterial properties, as well as a natural antiseptic.

The mixture of oils provides you with enough slip and grip to carry out the perfect massage. That won't leave your client feeling greasy.



serenity

invigorate

nourishing

hydrate

## [1] SERENITY™

SOAK

A soothing, foaming all over pedi soak and cleanser, containing a soothing uplifting blend of Peppermint, citric acid and aloe vera. Peppermint provides a cool fresh feel while aloe vera softens and calms tired aching feet. Soft and gentle enough to be used everyday.

## [2] INVIGORATE™

SCRUB

A gentle but tough scrub designed to remove non living tissue, leaving fresh smooth skin. Infused with menthol crystals, with anti inflammatory, and anti itching properties. Aloe vera has been added to soothe and heal sore feet, while helping skin to replenish lost moisture. Invigorate works best on the heel, ball of the foot and toes to help reduce and smooth unwanted calluses.

pedispa® by hawley

THE RANGE



## [3] NOURISHING™

MASK

After a long day feet can use a break. This nourish mask has been designed to relax your feet and leave them feeling fresh, cool and moisturised. The added peppermint will provide a cool tingling feeling as well as supplying a subtle fragrance in the air.

Lactic acid is used to assist in the exfoliation of the skin leaving smoother more flexible skin. Penthenol has been added to the blend to encourage hydration and healing. Chamomile can help reduce any swelling that may build up from fluids during the day, and it is also known for its anti inflammatory properties.

## [4] HYDRATE™

LOTION

To complete the relaxation we have added in a hint of lavender known for its relaxing, anti septic and anti inflammatory characteristics. To keep the theme of cool toes a splash of spearmint has been added to keep the feet and toes feeling fresh. Hydrate lotion will leave legs and feet moisturised without the greasy feeling.



# A selection of Hawley products to go hand in hand with the Manispa & Pedispa experience.

## NAIL STRENGTHENER

1. Make weak, splitting and brittle nails a thing of the past. Hawley nail strengthener can be applied on its own or under nail polish. Containing vitamins and minerals needed to allow your nails to grow, and be long and strong.



## NEOBOND™

4. A high performance nail adhesive specifically formulated for maximum adhesion. A special pink in colour, making it easier to apply and drying clear to blend perfectly with all nail plates. Neobond is pressure set in 10 seconds and is moisture resistant, making it a great partner to silk wraps, tissue or other natural nail mending materials.

## REMOVETM

8. A non acetone nail polish remover designed to remove the toughest nail lacquer

## ICE-O-BLUETM

5. The ultimate in waterless hand sanitisers that has a fresh orange fragrance. It leaves the hands feeling clean, fresh, soft and conditioned while helping to prevent the spread of harmful bacteria and contamination, between client and technician.

Ice-O-Blue is also great in beauty rooms, bathrooms and kitchen areas where the hands are constantly washed.

## NOWTM

9. An advanced quick drying nail spray, developed with non-yellowing properties and fast drying capability.



## ACTIVATE™

2. A 3 in 1 exfoliator that has a unique foaming formula that softens, conditions and erases. The key to using this product is in the foaming action. Illume has a specially designed brush used to agitate the active ingredients of Activate. The brush works the product into the eponychium, True Cuticle and Nail Plate. It penetrates deeply into the skin and nail providing moisture where needed and exfoliation on the tough areas.

## HYDROFRESH™

3. A nail cleanser and dehydrator in one, dramatically improving adhesion. Used before the application of nail polish to extend the life of the polish between manicures and pedicures. Hydrofresh also contains pathogen fighters which can last on the nail plate for up to 20mins.

6.



7.



8.



9.



10.



## ESSENCIA™ OIL

6. This cuticle conditioning oil has been developed with a hydrodynamic formula containing a blend of natural oils. Almond oil provides an explosion of sweet almond fragrance, while smoothing, softening and conditioning as well as having characteristics to reduce inflammation.

Essencia oil penetrates deeply to replenish cuticles and surrounding tissue to promote healthy skin and nail growth.

## FUNGRID™

7. Prevention, treatment and cure of fungal nail infections. Fungid feeds on the Keratin that makes up your nail plate, gradually destroying the nail plate altogether.

Fungrid's new formulation is stronger and more effective working faster to combat nail fungal disease. Relieves itching, discolouration and stops the spread of fungus infection from fingernails to toenails.

## SPECTRUM™

10. A hard surface antibacterial spray that is a hospital grade disinfectant to cleanse all hard surfaces, files and implements. Spectrum is fragranced with jasmine and is also handy to suppress odours.

**IMPLEMENT KIT**

**11.** Each tool is made from rust proof Japanese steel, for superior strength and durability.

The Kit Includes:

- Stainless Steel Knife & Pusher
- Sleek Curve Cuticle Pusher Rasp & Pusher
- Manicure Scissors
- Slant Tweezers
- Nipper 8mm Jaw with Handle
- Acrylic/Cuticle Nipper 8mm Jaw & One Cut
- Nail Edgecutter

All beautifully presented in a black leather case.



**11.**

## BLACK BEAUTY™

12. Made from the finest quality silicon carbide abrasive, the black beauty is possibly the most used file in the nail industry today. Black Beauty has been designed to suit all Nail Technicians needs. Available in shorter lengths, tapered or wide with grits of 800/800 and 280/280.



12.

## SUNSHINE™ BUFFER

13. A custom blended buff, which has been specifically designed to be gentle to the natural nail. Having a smoother and coarser side (400/1200). The yellow side is great to thin out thicker nails and help to smooth down ridges. The grey side has been designed to work with Essencia oil to start a shine to the nails.



13.



14.



15.



16.

17.

## SILKY SAND™

14. The Illume Silky Sand has a soft velvet touch; it is silky on one side and sandy on the other (120/ 240 grit). Renowned for its gentle feel on the nail, due to the research and development of a revolutionary soft blended material manufactured specifically for our files.

## MIRACLE SHINE™

15. Providing a high glass shine to any natural nail that lasts even after the polish is removed. Containing white alumina which can be found on the surface of rubies and sapphires. Use the green side and then turn to the white and watch your nails shine. Natural nails remain shiny even after polish is removed. These are also great to bring up old nail polish between treatments.

## CURETTE™

16. The Curette is the perfect tool for removing non living tissue and cleaning around the nails. The scooped head has again been designed to maintain the comfort of the client. It is gentle to the surrounding tissue yet sharp enough to remove the true cuticle.

## SLEEK CURVE CUTICLE PUSHER™

17. This implement has two very distinctive ends. The first being a sleek curved pusher. The first end - the curve - has been specifically designed to prevent damage when pushing back the cuticles whilst maintaining comfort for the client. The second end being a curette to remove non living tissue.

Another feature to the scooped head is containing the non living tissue ensuring the visual appeal for the client.



Take advantage of our Manispa & Pedispa kits, which contains our complete range. Your absolute spa pack.



**PROFESSIONAL  
MANI PEDI KIT**


- 1 Manispa Blissful Soak 500ml
- 1 Manispa Revival Scrub 500ml
- 1 Manispa Purify mask 500gm
- 1 Manispa Afterglow Lotion 500ml
- 1 Pedispa Serenity Soak 500ml
- 1 Pedispa Invigorate Scrub 500ml
- 1 Pedispa Nourish Mask 500gm
- 1 Pedispa Hydrate Lotion 500ml
- 1 Black Beauty
- 1 Silky Sand
- 1 Sunshine Buffer
- 1 Miracle Shine Sandwich
- 1 Pedipad'I with replacement disks
- 1 Sleek Curve cuticle pusher & curette
- 1 Remove – Twist and lock 250ml
- 1 Hydrofresh – Twist and lock 250ml
- 1 30ml Activate
- 1 30ml Essencia oil
- 1 Ice-O-Blue 125ml



**MINI  
MANI PEDI KIT**

- 1 Manispa Blissful Soak 500ml
- 1 Manispa Revival Scrub 500ml
- 1 Manispa Purify mask 500gm
- 1 Manispa Afterglow Lotion 500ml
- 1 Pedispa Serenity Soak 500ml
- 1 Pedispa Invigorate Scrub 500ml
- 1 Pedispa Nourish Mask 500gm
- 1 Pedispa Hydrate Lotion 500ml
- 1 Black Beauty
- 1 Silky Sand
- 1 Sunshine Buffer
- 1 Miracle Shine Sandwich
- 1 Pedipad'1 with replacement disks
- 1 Sleek Curve cuticle pusher & curette
- 1 Remove – Twist and lock 250ml
- 1 Hydrofresh – Twist and lock 250ml
- 1 30ml Activate
- 1 30ml Essencia oil
- 1 Ice-O-Blue 125ml

## HOW TO: PERFORM THE PERFECT

waterless  
mani


Firstly apply a small amount of Illume Ice-O-Blue waterless hand sanitiser. Using a lint free wipe press twice on the remove pump bottle. This will give you enough Remove to remove polish from one hand. File the desired shape from corner to centre using Black Beauty (first hand).

Shake Activate bottle and apply a small amount to the cuticle area. Using the Activate brush agitate to produce foam. Using the curved end of the pusher gently push back the cuticles. Turn over to the curette end and remove true cuticle. Use a lint free wipe to remove excess activate. Repeat step to the second hand.

Place a small amount of Revival Scrub, approx 20c size on the palm of your hand, rub your palms together to ensure even coverage. Place your clients first hand between your hands then scrub using firm yet gentle pressure. Using a damp towel remove all traces of the Invigorate Scrub. Repeat the above to the second hand.

Apply a small scoop of Purity Mask to your palm and rub together. Place your clients hand between yours and smooth over hand front and back. Wrap hand in towel and leave on the clients hand for 3-5 mins. Use a damp towel to remove all traces of Purity Mask. Repeat to second hand.

Apply a small amount of Essencia oil to the nail near the cuticle area and massage in. Use the Black Beauty to bevel nails. If your client has ridges or uneven nails the yellow side of the Sunshine Buff can be used to help even out nails. From cuticle to free edge. If nails are even go straight to the grey side to smooth nails this side can be used side to side and in direction of nail growth.

Apply a medium size amount of Afterglow Lotion approx 50c and perform massage. Place a small amount of Hydrofresh to a lint free wipe. Wipe on the natural nails only to remove excess oil. Apply Base coat nail lacquer and top coat. Once nails have been painted spray with now quick dry spray.





HOW TO: PERFORM THE PERFECT

manispa®

manispa®



Firstly apply a small amount of Illume Ice-O-Blue waterless hand sanitiser. Place a small drop of Blissful soak on a manicure bowl with warm water.

Using a lint free wipe press twice on the Remove pump bottle. This will give you enough Remove to remove polish from one hand.

With Hawley's Black Beauty Shape the desired shape from corner to centre. (First hand)

Place first hand in manicure bowl to soak, repeat to the second hand. Remove first hand and clean under and on top of the nail. Dip hand back in bowl remove and dry.



Shake Activate bottle and apply a small amount to the cuticle area. Using the Activate brush agitate to produce foam. Using the curved end of the pusher gently push back the cuticles. Turn over to the curette end and remove True Cuticle. Use a lint free wipe to remove any excess activate. Remove second hand and repeat above steps.



Place a small amount of Revival scrub, approx 20c size on the palm of your hand; rub your palms together to ensure even coverage. Place your clients first hand between your hands then rub using firm yet gentle pressure. Use a damp towel or wash hand to remove all traces of the Revival scrub. Repeat the above to the second hand.



Apply a small scoop of Purity Mask to your palm and rub together. Place your clients hand between yours and smooth over hand front and back. Wrap hand in towel and leave on the clients hand for 3-5 mins. Use a damp towel or wash hands to remove all traces of Purity Mask. Repeat the above to the second hand.



Apply a small amount of Essencia oil to the nail near the cuticle area and massage in. Use the Black Beauty to bevel nails at a 90° angle.



If your client has ridges or uneven nails the yellow side of the Sunshine Buff can be used to help even out nails. Use from cuticle to free edge. If nails are even go straight to the grey side to smooth nails, this side can be used side to side and in direction of nail growth.



Use the green side of the Miracle Shine then turn over and use the white to produce an ultra high glass shine. Apply a medium size amount approx 50c of Afterglow lotion and perform massage.



Place a small amount of Hydrofresh to a lint free wipe. Rub on the natural nails only. Apply Base Coat, Nail Lacquer and Top Coat. Once nails have been painted spray with Now quick dry spray.







Place a small drop of Serenity Soak in a pedicure bowl with warm water.

Spray feet with Spectrum anti bacterial spray.

Place feet into pedicure bowl with Serenity Soak, leave for 3-5mins. Remove and dry. Using a lint free wipe press twice on the Remove pump bottle. This will give you enough Remove to remove polish from one foot.

Clip any toenails with nippers if required and shape with Black Beauty slightly rounding edges. (First foot)



Shake Activate bottle and apply a small amount to the cuticle area. Using the Activate brush agitate to produce foam. Using the curved end of the pusher gently push back the cuticles. Turn over to the curette end and remove true cuticle. Use a lint free wipe to remove any excess activate.

Remove second foot and repeat above steps



Place a small amount of Invigorate Scrub, approx 20c size on the palm of your hand, rub your palms together to ensure even coverage. Place your clients first foot between your hands the scrub using firm yet gentle pressure.

Place foot back into bowl and wash foot to remove all traces of the Invigorate Scrub. Repeat the above to second foot. Use a Pedipad® to smooth down callused areas. Repeat to other foot.



Apply a medium scoop of Nourishing Mask to your palm and rub together. Place your clients foot between your hands and smooth over foot front ensuring even coverage. Wrap foot in a towel and leave for 3-5 mins.

Place foot into bowl to remove all traces of Nourishing Mask. Repeat to second foot.



Apply a small amount of Essencia oil to the nail near the cuticle area and massage in. Use the Black Beauty to bevel nails at a 90° angle.

Use the yellow side first to thin and smooth down any uneven nail surfaces, buff from cuticle to free edge.

Turn over and buff with the grey side to smooth nails, this side can be used side to side and in direction of nail growth.



Use the green side of the Miracle Shine then turn over and use the white to produce an ultra high glass shine

Apply a medium size amount of Hydrate Lotion and perform massage. Add more lotion if required.



Place a small amount of Hydrofresh to a lint free wipe. Scrub on the natural nails only. Apply Base Coat, nail lacquer and Top Coat.

Once nails have been painted spray with Now quick dry spray, to get a faster drying time to the polish.

HOW TO: PERFORM THE PERFECT

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FOR DETAILS OF YOUR  
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